

湯羹類 - Soup

1. 海鮮豆腐湯 Seafood Tofu Soup (served for 4) \$11.99
2. 西湖牛肉湯 West Lake Beef Soup (served for 4) \$11.99
3. 酸菜魚片湯 Pickled Cabbage Soup w/ Fish \$11.99
(served for 4)
4. 酸辣湯 Hot & Sour Soup Cup \$3.00 Bowl \$7.99
5. 蛋花湯 Egg Flower Soup (served for 4) Cup\$3.00 Bowl \$7.99
6. 窩吞湯 Hong Kong Style Dumpling (Wonton Soup \$10.95

頭檯 - Appetizers & Small plates

11. 鍋貼 Pot Stickers (8) \$ 7.99
12. 蔥油餅 Green Onion Pancake \$ 8.75
13. 手抓餅 House Special Pancake \$ 8.99
14. 夫妻肺片 Fu Chi Beef \$ 8.99
Thinly sliced marinated beef in a chili sauce with flakes of beef tripe
15. 香辣牛筋 Sichuan Beef Jelly \$ 8.99
16. 川北涼粉 Sichuan Bean Jelly \$ 6.99
Medium firm strips of Mung Bean jelly in an garlic accented chili sauce
17. 蒜泥白肉 Pork with Cucumber \$ 8.99
18. 香油黃瓜 Cucumber Cubes in a Garlic Sesame Sauce..... \$ 6.99
19. 炸雞翅 Fried Chicken Wings (6) \$ 8.95
20. 香辣雞翅 Spicy Chicken Wings (6) \$ 8.95
21. 四川涼麵 Sichuan Cold Noodles \$ 7.95
22. 紅油炒手 Sichuan Style Dumplings \$ 8.95
23. 核桃蝦 Crispy Walnut Prawns \$ 6.99
24. 涼拌海蜇 Chilled Jelly Fish Salad \$ 6.99

炒麵 - Noodles

31. 各式炒麵 Chow Mein \$13.99
(刀削麵或粗細麵)
(雞牛豬素菜海鮮)
Choice of Chicken, Pork, Beef, Vegetable, (Seafood + \$1.00)
32. 三鮮炒麵 Three Flavor of Chow Mein \$13.99
33. 紅燒牛肉湯麵 Beef Noodle Soup \$12.99
34. 成都擔擔麵 Cheng Du Dan Dan Noodle (Pork) \$ 8.99
35. 炸醬麵 Jia Jang Mein \$ 9.99
36. 炒馬麵 Jjam Bbong \$12.99
37. 四川牛肉湯麵 Sichuan Beef Noodle Soup \$10.95

炒飯類 - Fried Rice

41. 三鮮炒飯 Classic Fried Rice w/ Chicken, Beef and Shrimp \$11.99
42. 揚州炒飯 Yang Zhou Fried Rice \$11.99
43. 各式炒飯 Fried Rice \$10.95
(雞/牛/豬/素菜/叉燒)
Choice of Chicken, Pork, Beef, Vegetable (seafood add \$2.00)

鍋仔類 - Fire Pot Dishes

51. 毛血旺 Sole Fish Morsels & Intestines in Spicy Broth .. \$16.99
52. 雙椒鍋仔魚 Tender Fish Morsels in Fiery Broth
of Two Kinds of Chili Peppers \$16.99
53. 干鍋牛仔腩 The Great Fire Pot Debate of Beef Brisket \$16.99
辣或不辣 - (Spicy or Non-Spicy)
54. 海鮮豆腐煲 Seafood Tofu in Pot \$14.99
Seafood, Tofu and Vegetable
55. 五更腸旺 The Other Parts of a Pig \$16.99
Dare to try pork intestines, pig blood cubes, tofu chunks, basil and pickled cabbage in a tangy broth
56. 麻辣撈魚 Swimming Fire Fish \$15.99

活鮮類 - Fresh Seafood (Revervation only)

61. 豆瓣全魚 Whole Fish in Spicy Black Bean Sauce ... Seasonal Price
62. 清蒸全魚 Steamed Tilapia Seasonal Price
63. 豆腐豆瓣全魚 Whole Fish w/ Tofu in Spicy Black Bean Sauce
Seasonal Price
64. 飄香辣螃蟹 Sichuan Style Crab Seasonal Price
65. 薑蔥螃蟹 Stir Fried Crab w/ Green Onions and Ginger .. Seasonal Price
66. 飄香辣龍蝦 Sichuan Style Lobster Seasonal Price
67. 薑蔥龍蝦 Stir Fried Lobster w/ Green Onions and Ginger
Seasonal Price

素菜類 - Vegetable Dishes

71. 鮮菇芥蘭 Three Kinds of Mushroom w/ Shanghai Bok Choy \$14.99
72. 韭菜香干 Dry Fried Bean Curd w/ Chives \$14.99
73. 干扁四季豆 Dry Cooked String Beans \$11.99
74. 魚香茄子 Eggplant in Hot Garlic Sauce \$10.99
75. 尖椒土豆絲 Shredded Potato w/ Sliced Green Chili Peppers.. \$ 9.99
76. 蒜茸菜心 Bok Choy with Garlic Sauce..... \$11.99
77. 素什錦 Vegetable Medley \$11.99
(Cabbage, Broccoli, Mushrooms, Bok Choy)
78. 清炒芥蘭 Monk's Broccoli \$10.99

豆腐類 - Tofu

81. 香辣豆腐 Deep Fried Tofu Sichuan Style \$11.99
82. 麻婆豆腐 Ma Po Tofu (w/ Pork) \$11.99
83. 家常豆腐 Deep Fried Tofu with Vegetable \$11.99
84. 茄子豆腐 Eggplant w/ Tofu \$11.99
85. 木須豆腐 Moo Shoo Tofu w/ 4 Pancakes \$12.99
86. 宮保豆腐 Kung Pao Tofu \$12.99
87. 九層豆腐 Spicy Basil Tofu \$12.99

豬肉類 - Pork Dishes

91. 火爆腰花 Sliced Pork Kidneys in a Tangy Broth \$13.99
Kidneys surrounded by bamboo shoots, mushrooms and Chinese greens
92. 干扁肥腸 Dry Cooked Pork Intestines \$13.99
93. 回鍋肉 Twice Cooked Pork Sichuan Style \$12.99
94. 香干肉絲 Five Spice Tofu w/ Pork \$12.99
95. 魚香肉絲 Stir Fried Pork in Hot Garlic Sauce \$12.99
96. 筍尖肉絲 Young Bamboo Shoots w/ Pork \$12.99
97. 螞蟻上樹 Ants on a Tree \$11.99
(Ground Pork w/ Chinese Noodles)
98. 木須肉絲 Moo Shoo Pork w/ 4 Pancakes \$12.95
99. 糖醋肉 Sweet and Sour Pork (red / white) \$12.95
100. 蒜泥白肉 Pork with Cucumber \$ 12.95

海鮮類 - Seafood Dishes

101. 蜜汁核桃蝦 Crispy Walnut Prawns \$16.99
102. 水晶蝦球 Crystal Prawns-Shrimp Sauteed in White Wine Sauce \$16.99
103. 椒鹽蝦 Salt & Pepper Prawns \$16.99
104. 香辣蝦 Sichuan Style Spicy & Crispy Prawns \$16.99
105. 宮保蝦球 Kung Pao Prawns \$16.99
106. 甜酸蝦 Chilli Prawns \$16.99
107. 左宗蝦 General's Prawns in Sweet and Spicy Ginger Sauce \$16.99
108. 松子魚粒 Fish w/ Pine Nuts \$14.99
109. 水煮魚 Fiery Pot of Fish Morsels on a Bed of Cabbage \$16.99
110. 剁椒魚 Chopped Pepper Hot Fish \$13.99
111. 飄香回鍋魚 House Special Twice Cooked Fish \$13.99
112. 燴鍋魚 Deep Fried Fish Sichuan Style \$13.99
113. 溜魚片 Sliced Fish in Light Sauce \$13.99
114. 宮保魚片 Kung Pao Sole Fish Fillet \$13.99
115. 糖醋魚 Sliced Fish in Sweet & Sour Sauce \$14.99
116. 鍋巴湯 Sizzling Rice Soup \$14.99
117. 涼拌海蜇 Chilled Jelly Fish Salad \$ 13.99

雞類 - Chicken Dishes

121.	重慶辣子雞	Chong Qing Hot Chicken	\$13.99
122.	陳皮雞片	Orange Flavor Chicken	\$12.99
123.	宮保雞丁	Kung Pao Chicken	\$12.99
124.	蒙古雞	Mongolian Chicken	\$12.99
125.	剝椒雞	Chopped Pepper Hot Chicken	\$12.99
126.	芥蘭雞片	Chicken w/ Broccoli	\$12.99
127.	芝麻雞	Sesame Crispy Chicken	\$12.99
128.	魚香脆皮雞	Crispy Chicken w/ Hot Garlic Sauce	\$12.99
129.	木須雞	Moo Shoo Chicken w/ 4 Pancakes	\$12.99
130.	左宗雞	General's Chicken in Sweet & Spicy Ginger Sauce	\$12.99
131.	腰果雞丁	Cashew Nuts Chicken	\$12.99
132.	酥炸雞	Breast Katsu	\$12.99

鴨類 - Duck Dishes

141.	樟茶鴨	Camphor Wood & Tea Smoked Duck (Bone in)	\$16.99
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牛類 - Beef Dishes

151.	水煮牛	Fiery Pot of Sliced Beef on a Bed of Cabbage	\$15.99
152.	九層塔牛柳	Spicy Basil Beef	\$13.99
153.	蒙古牛	Mongolian Beef	\$13.99
154.	芥蘭牛	Beef w/ Broccoli	\$13.99
155.	宮保牛柳	Kung Pao Beef	\$13.99
156.	木須牛	Moo Shoo Beef w/ 4 Pancakes	\$13.99
157.	青椒牛	Stir Fried Beef w/ Green Bell Peppers	\$13.95
158.	牛仔骨	Short Ribs	\$18.95

羊類 - Lamb Dishes

161.	小炒羊	Stir Fried Lamb w/ Green Chili Peppers	\$13.99
162.	蔥爆羊	Stir Fried Lamb w/ Scallions	\$13.99
163.	成都烤羊	Cheng Du BBQ Lamb	\$13.99

Onions reduce cholesterol and fat deposits in the arteries and act as anticoagulant; thin's blood, smoothens circulation. Such reactions prevent and/or cure common cold, nasal congestion, heart diseases, diabetes, high blood pressure, cataract, etc.

Many studies throughout 1970's and early 2000's proved garlic lowers LDL cholesterol measures, and it prevents and slows reproduction of cancerous cells that lead to esophageal, colon, oral, breast, skin, liver, stomach, and lung cancer.

Special

送：	酸辣湯或蛋花湯	Includes:	Hot & Sour Soup or Egg Flower Soup
	白飯或炒飯		Steamed or Vegetable Fried Rice
	外賣恕不送湯		Soup is not included for Take-out
	加飯 50¢		Extra Rice 50¢

素菜類 - Vegetable

201.	香辣豆腐	Deep Fried Tofu Sichuan Style	\$10.99
202.	素什錦	Vegetable Medley	\$10.99
		(Cabbage, Broccoli, Mushrooms, Bok Choy)		
203.	干扁四季豆	Dry Fried String Beans	\$10.99

雞類 - Chicken

211.	重慶辣子雞	Chong Qing Hot Chicken	\$10.99
212.	甜酸雞	Sweet & Sour Chicken	\$10.99
213.	魚香脆皮雞	Crispy Chicken with Hot Garlic Sauce	\$10.99
214.	剝椒雞	Chopped Pepper Hot Chicken	\$10.99
215.	芝麻雞	Sesame Crispy Chicken	\$10.99
216.	左宗雞	General Tso's Chicken	\$10.99
217.	陳皮雞片	Orange Flavor Chicken	\$10.99
218.	酥炸雞	Chicken Breast Katsu	\$10.99
219.	芥蘭雞	Broccoli Chicken	\$10.99
220.	蒙古雞	Mongolian Chicken	\$10.99

牛肉類 - Beef

221.	蒙古牛	Mongolian Beef	\$10.99
222.	芥蘭牛	Broccoli Beef	\$10.99
223.	宮保牛	Kung Pao Beef	\$10.99
224.	九層牛	Spicy Basil Ginger Beef	\$10.99

豬肉類 - Pork

231.	香干肉絲	Pork with Dry Bean Curd	\$10.99
232.	麻婆豆腐	Mo Po Tofu with Pork	\$10.99
233.	甜酸肉	Sweet & Sour Pork	\$10.99
234.	筍尖肉絲	Pork with Young Bamboo Shoots	\$10.99

海鮮類 - Seafood

241.	宮保蝦	Kung Pao Prawns	\$11.99
242.	剝椒魚	Chopped Pepper Hot Fish	\$11.99
243.	香辣魚	Deep-Fried Fish Sichuan Style	\$11.99
244.	甜酸蝦	Sweet & Sour Prawn	\$11.99

麵 - Noodle

251.	各式炒麵	Chow Mein (Hand Shaven or Egg Noodle)	\$11.99
	刀削麵或粗細麵	Choice of Chicken, Pork, Beef, Vegetable, or Seafood.		
	(雞, 牛, 豬, 素菜, 海鮮)	Soup included, but no rice or salad, seafood \$1.00 Extra		



La Bu La

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(Inside Soma Towers - 2nd floor)
Bellevue, WA 98004
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www.labula-dining.com

Open 7 days a week
Mon. - Thur. 10am - 10pm
Fri. - Sun. 10am - 11pm

Coming up with a name for a restaurant is a daunting challenge. This is especially true if you serve a diverse customer base. After long nights of brainstorming we arrived at 'La Bu La' (lah-boo-lah), our new, unique identity. "La" is Chinese for "spicy", "Bu La" stands for the opposite.

Regardless of your preference, you will find a wide variety of choices. Be bold and take a trip on our wild side menu or enjoy classic American-Chinese dishes from our regular menu. We pride ourselves in quality Szechuan food so the only question you need to answer for yourselves is whether you want to go "La" or "Bu La".