La Bu La

Open hours: 10am - 1am
7days a week

Take-Out Available
A Take-Out order is served with rice, except Noodle dishes.

Appetizers (served cold)

1. 夫妻肺片 Fu Chi Beef ..... $ 8.49
Thinly sliced marinated beef in a chili sauce with flakes of beef tripe

2. 川北涼粉 Sichuan Bean Jelly ..... $ 6.49
Medium firm strips of Mung Bean jelly in a garlic accented chili sauce

3. 香油黃瓜 Cucumber Cubes in a Garlic Sesame Sauce..... $ 6.49

肉類 - Meat Dishes

11. 小炒羊 Stir Fried Lamb w/ Green Chili Peppers..... $12.49
12. 蔥爆羊 Stir Fried Lamb w/ Scallions $12.49
13. 毛血旺 Sole Fish Morsels & Intestines in Spicy Broth... $12.49
14. 成都烤羊 Cheng Du BBQ Lamb $12.49
15. 火爆腰花 Sliced Pork Kidneys in a Tangy Broth $12.49
Kidneys surrounded by bamboo shoots, mushrooms and Chinese greens
16. 干扁肥腸 Dry Cooked Pork Intestines $12.49
17. 重慶辣子雞 Chong Qing Hot Chicken $12.49

鍋仔類 - Fire Pot Dishes

21. 雙椒鍋仔魚 Tender Fish Morsels in Fiery Broth of Two Kinds of Chili Peppers..... $13.49
22. 干鍋川味牛仔腩 The Great Fire Pot Debate of Beef Brisket $13.49
辣或不辣 - (Spicy or Non-Spicy)
23. 海鮮豆腐鍋 Seafood Tofu in Hot Pot $13.49
24. 五更腸旺 The Other Parts of a Pig $13.49
Dare to try pork intestines, pig blood cubes, tofu chunks, basil and pickled cabbage in a tangy broth

活鮮類 - Fresh and Alive (until you order)

31. 豆瓣全魚 Whole Fish in Spicy Black Bean Sauce ... Seasonal Price
32. 清蒸全魚 Steamed Tilapia ..... Seasonal Price
33. 飄香辣螃蟹 Sichuan Style Crab ..... Seasonal Price
34. 薑蔥螃蟹 Stir Fried Crab w/ Green Onions and Ginger Seasonal Price
35. 豆腐豆瓣全魚 Whole Fish w/ Tofu in Spicy Black Bean Sauce Seasonal Price
36. 飄香辣龍蝦 Sichuan Style Lobster ..... Seasonal Price
37. 薑蔥龍蝦 Stir Fried Lobster w/ Green Onions and Ginger Seasonal Price

海鮮類 - Seafood

41. 麻辣撈魚 Swimming Fire Fish $14.49

湯羹類 - Soup

51. 海鮮豆腐湯 Seafood Tofu Soup (served for 4) $10.49
52. 西湖牛肉湯 West Lake Beef Soup (served for 4) $10.49
53. 酸菜魚片湯 Pickled Cabbage Soup w/ Fish (served for 4)... $10.49
54. 酸辣湯 Hot & Sour Soup ..... Cup $2.50 ..... Bowl $ 6.49
55. 蛋花湯 Egg Flower Soup (for 4) ..... Cup $2.50 ..... Bowl $ 6.49

頭檯 - Appetizers

61. 鍋貼 Pot Stickers (10) ..... $ 5.49
62. 蔥油薄餅 Green Onion Pancake ..... $ 8.49
63. 手抓餅 House Special Pancake ..... $ 8.49

炒麵 - Noodles

71. 各式炒麵 (刀削麵或粗細麵) (雞/牛/豬/素菜/海鮮) Chow Mein (Hand Shaven or Egg Noodle) $12.49
Choice of Chicken, Pork, Beef, Vegetable, (Seafood + $1.00)
72. 三鮮炒麵 Three Flavor of Chow Mein $12.49
73. 紅燒牛肉湯麵 Beef Noodle Soup $11.49
74. 成都擔擔麵 Cheng Du Dan Dan Noodle (w/ Pork) ..... $ 7.49

炒飯類 - Fried Rice

81. 三鮮炒飯 Classic Fried Rice w/ Chicken, Beef, and Shrimp $10.49
82. 楊州炒飯 Yang Zhou Fried Rice $10.49

素菜類 - Vegetable Dishes

91. 鮮菇芥蘭或菜心 Three Kinds of Mushroom w/ Shanghai Bok Choy or Chinese Broccoli $13.49
92. 韭菜香干 Dry Fried Bean Curd w/ Chives..... $13.49
93. 干扁四季豆 Dry Cooked String Beans $10.49
94. 魚香茄子 Eggplant in Hot Garlic Sauce ..... $ 9.49
95. 尖椒土豆絲 Shredded Potato w/ Sliced Green Chili Peppers.. $ 8.49
96. 炒時菜 (絲瓜/大豆苗) Pan Fried Seasonal Vegetables ..... Seasonal Price
(Choice of Okra, or Pea Vines)

豆腐類 - Tofu

101. 香辣豆腐 Deep Fried Tofu Sichuan Style $10.49
102. 麻婆豆腐 Ma Po Tofu (w/ Pork) $10.49
103. 家常豆腐 Deep Fried Tofu with Vegetable $10.49
104. 茄子豆腐 Eggplant w/ Tofu $10.49

豬肉類 - Pork Dishes

111.	回鍋肉	Twice Cooked Pork Sichuan Style	$11.49
112.	香干肉絲	Five Spice Tofu w/ Pork	$11.49
113.	魚香肉絲	Stir Fried Pork in Hot Garlic Sauce	$11.49
114.	筍尖肉絲	Young Bamboo Shoots w/ Pork	$11.49
115.	螞蟻上樹	Ants on a Tree (Ground Pork w/ Chinese Noodles)	$10.49

海鮮類 - Seafood Dishes

121.	蜜汁核桃蝦	Crispy Walnut Prawns	$13.49
122.	水晶蝦球	Crystal Prawns-Shrimp Sauteed in White Wine Sauce	$13.49
123.	椒鹽蝦	Salt & Pepper Prawns	$13.49
124.	香辣蝦	Sichuan Style Spicy & Crispy Prawns	$13.49
125.	松子魚粒	Fish w/ Pine Nuts	$13.49
126.	水煮魚	Fiery Pot of Fish Morsels on a Bed of Cabbage	$13.49
127.	剁椒魚	Chopped Pepper Hot Fish	$12.49
128.	飄香回鍋魚	House Special Twice Cooked Fish	$12.49
129.	爐鍋魚	Soleful Delight (Tender Sole Fish Morsels w/ thinly cut Bell Peppers & Scallions)	$12.49
130.	宮保蝦球	Kung Pao Prawns	$12.49
131.	溜魚片	Sliced Fish in Light Sauce	$12.49
132.	三杯花枝	Spicy Basil Squid in Clay Pot	$12.49

雞類 - Chicken Dishes

141.	陳皮雞片	Orange Flavor Chicken	$11.49
142.	宮保雞丁	Kung Pao Chicken	$11.49
143.	蒙古雞	Mongolian Chicken	$11.49
144.	剁椒雞	Chopped Pepper Hot Chicken	$11.49
145.	芥蘭雞片	Chicken w/ Broccoli	$11.49
146.	芝麻雞	Sesame Crispy Chicken	$11.49
147.	魚香脆皮雞	Crispy Chicken w/ Hot Garlic Sauce	$11.49
148.	木須雞	Moo Shoo Chicken w/ 4 Pancakes	$11.49

鴨類 - Duck Dishes

151.	樟茶鴨	Camphor Wood & Tea Smoked Duck (Bone in)	$13.49

牛類 - Beef Dishes

161.	水煮牛	Fiery Pot of Sliced Beef on a Bed of Cabbage	$12.49
162.	九層塔牛柳	Spicy Basil Beef	$12.49
163.	蒙古牛	Mongolian Beef	$12.49
164.	芥蘭牛	Beef w/ Broccoli	$12.49

午餐 *Lunch Special*

20% Off for Take-out

星期一到五 11- 3 Lunch Monday - Friday: 11am - 3pm

送： 酸辣湯或蛋花湯
白飯或炒飯
外賣恕不送湯
加飯 50¢

Includes: Hot & Sour Soup or Egg Flower Soup
Steamed or Vegetable Fried Rice
Soup is not included for Take-out
Extra Rice 50¢

素菜類 - Vegetable

201.	香辣豆腐	Deep Fried Tofu Sichuan Style	$ 9.49
202.	素什錦	Vegetable Medley *(Cabbage, Snow Peas, Broccoli, Mushrooms, Carrots)*	$ 9.49
203.	干扁四季豆	Dry Fried String Beans	$ 9.49

雞 類 - Chicken

211.	重慶辣子雞	Chong Qing Hot Chicken	$ 9.49
212.	甜酸雞	Sweet & Sour Chicken	$ 9.49
213.	魚香脆皮雞	Crispy Chicken with Hot Garlic Sauce	$ 9.49
214.	剁椒雞	Chopped Pepper Hot Chicken	$ 9.49
215.	芝麻雞	Sesame Crispy Chicken	$ 9.49
216.	左宗棠雞	General Tso's Chicken	$ 9.49
217.	陳皮雞片	Orange Flavor Chicken	$ 9.49

牛肉類 - Beef

221.	蒙古牛	Mongolian Beef	$10.49

豬肉類 - Pork

231.	香干肉絲	Pork with Dry Bean Curd	$ 9.49
232.	麻婆豆腐	Mo Po Tofu with Pork	$ 9.49
233.	甜酸肉	Sweet & Sour Pork	$ 9.49

海鮮類 - Seafood

241.	宮保蝦	Kung Pao Prawns	$10.49
242.	剁椒魚	Chopped Pepper Hot Fish	$10.49
243.	香辣魚	Deep-Fried Fish Sichuan Style	$10.49

麵 - Noodle

251.	各式炒麵 刀削麵或粗細麵 (雞，牛，豬，素菜，海鮮)	Chow Mein (Hand Shaven or Egg Noodle) *Choice of Chicken, Pork, Beef, Vegetable, or Seafood. Soup included, but no rice or salad, seafood $1.00 Extra*	$10.49

四季飄香

La Bu La

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(Inside Soma Towers)
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www.labula-dining.com

Open 7 days a week
10:00am - 1:00am

Coming up with a name for a restaurant is a daunting challenge. This is especially true if you serve a diverse customer base. After long nights of brainstorming we arrived at 'La Bu La' (lah-boo-lah), our new, unique identity. "La" is Chinese for "spicy", "Bu La" stands for the opposite.

Regardless of your preference, you will find a wide variety of choices. Be bold and take a trip on our wild side menu or enjoy classic American-Chinese dishes from our regular menu. We pride ourselves in quality Szechuan food so the only question you need to answer for yourselves is whether you want to go "La" or "Bu La".